

September 19, 2023

Tuesday-19

10a Bible Study
11a Chair Exercise
1p Duplicate Bridge
1p Shanghai
6p Poker Night
6p Water Aerobics
6:30p Hand & Foot

Wednesday-20

9a Getaway Trip
NO FITNESS
1p Sewing Group
1p Canasta
1p Hand & Foot

HEALTH FAIR 12-2 pm

Thursday-21

10a Walk Aerobics
11a Chair Exercise
1p Duplicate Bridge
1p Poker
1p Asian Mahjong
6p Int Line Dancing
6p Water Aerobics
6:30p Mexican Train

Friday-22

10a Fitness
1p Rummikub
2p Art Group
3p Beg Line Dancing
6:30p Shanghai

Saturday-23

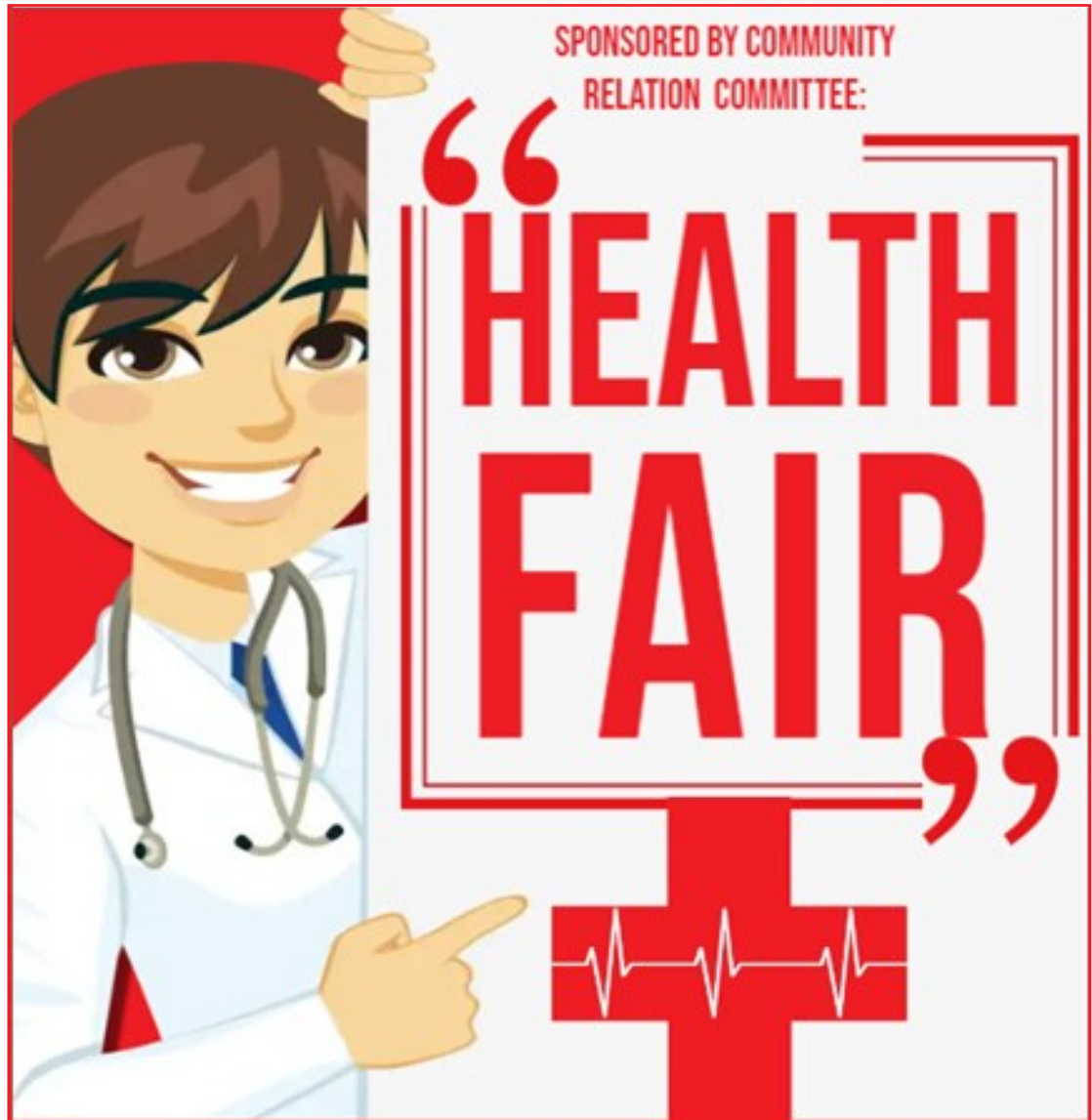
10a Walk Aerobics
11a Cardio Line Dancing
Private Party
Arts & Crafts Room

Sunday-24

Clubhouse Closed

Monday-25

11a Fitness
1p Poker
1p Shanghai
6p Water Aerobics
7p Choir Practice



Wednesday, Sept. 20th

**H.E.B. will be giving FLU SHOTS
from 12-2pm in the Ballroom**

**You must sign-up and pick-up form at
the front desk to receive shots**

RUSTISCAPES FERTILIZER & FUNGICIDE



Yard Services

Hello BellaVita! Fertilizing and fungicide services will be conducted from late September through October for the common areas and front yards. If you want to avail this service for your backyard, it will cost you \$45 plus tax. Please note that the deadline for signing up for this service is September 23rd. You can find the Sign Up sheet at the front desk starting September 12th.



Journey to Joy

BellaVita Widow's Group

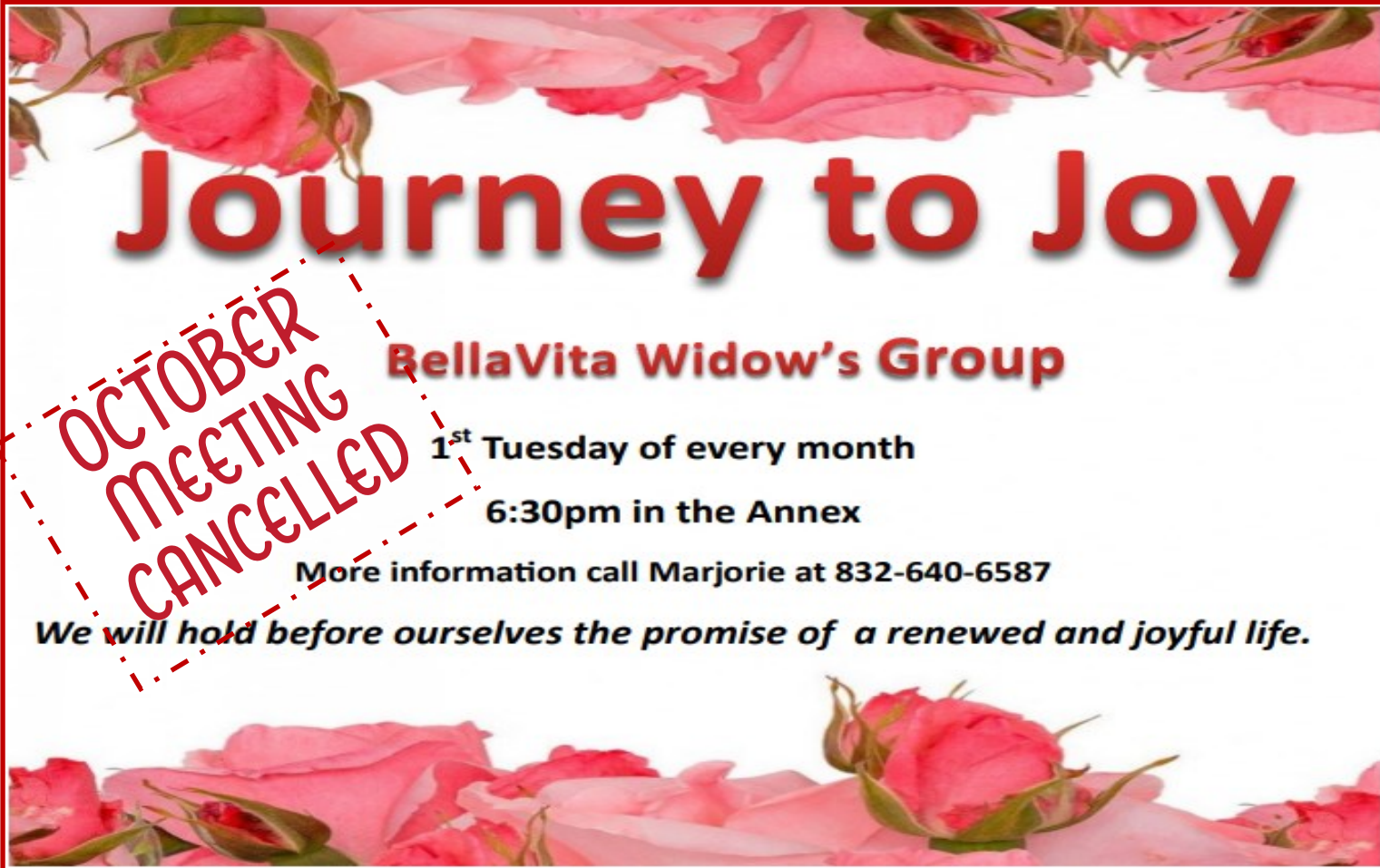
1st Tuesday of every month

6:30pm in the Annex

More information call Marjorie at 832-640-6587

We will hold before ourselves the promise of a renewed and joyful life.

**OCTOBER
MEETING
CANCELLED**



GETAWAY TRIP

October 10th @ 8 am

THE BROOKWOOD

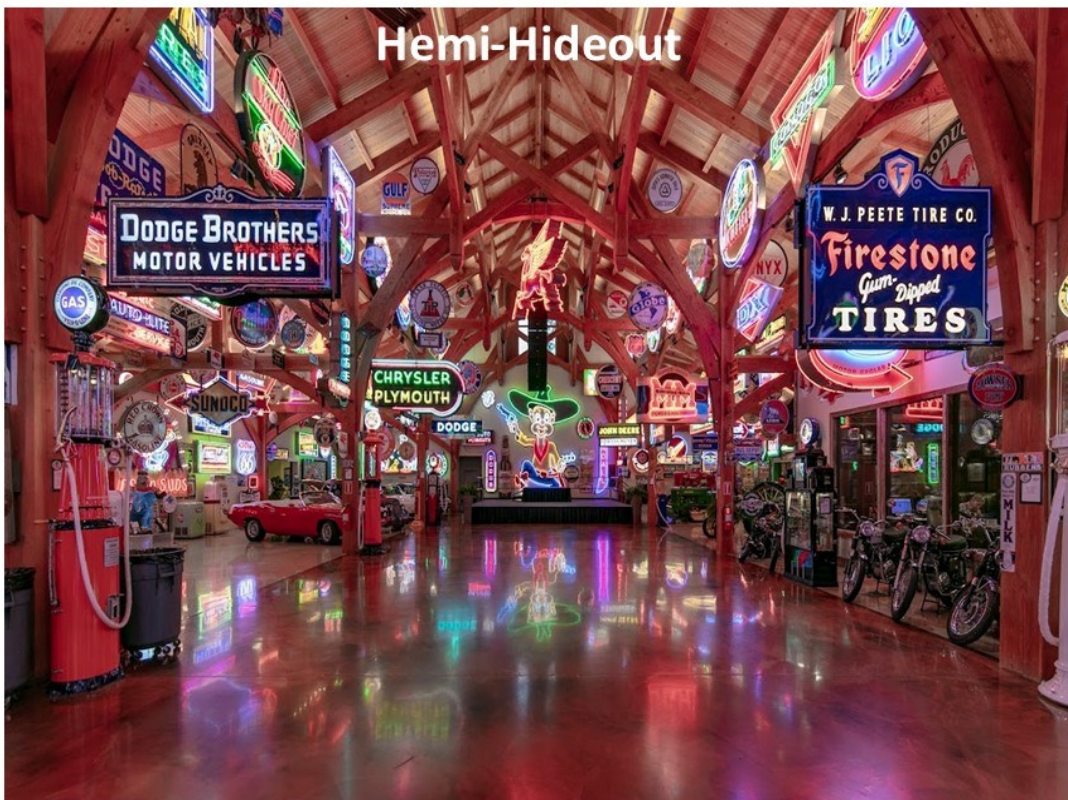
Gift and Garden Center
& Cafe COMMUNITY

We will leave the Clubhouse at 8 am, stop for a short time at **Buc-ees** and then enjoy a delicious lunch and do some shopping at **Brookwood**. (you will pay for your lunch at Brookwood)

Afterward, we will visit **Hemi-Hideout**, where we can admire the beautifully restored antique automobiles and signs.

SIGN-UP will be September 26th at 10 am in the Clubhouse;
the cost is \$20

Please be sure to turn in your choices from the menu to the Front Desk No later than September 30th.



Hemi-Hideout



Thank you to all of the Residents with
September Birthdays that came to join us for
cake!



NEIGHBORHOOD NIGHT OUT

SAVE THE DATE

October 3rd @ 6:00-9:00 pm

Sponsored by the H.O.A. & Men's Club

The men's club will be serving hamburgers with condiments, along with chips and drinks. Residents are welcome to bring their own sides to share or enjoy themselves. Additionally, residents will need to bring their own chairs and tables. The live band will start playing at 6 p.m.



POLICE • COMMUNITY PARTNERSHIPS



**Front desk will be selling:
Mistletoe Market
wristbands for \$3
until October 6.**



**A portion of the
sales goes to
Brazoria Military
Moms and Wives.**

70+ Vendors

Mistletoe Market

10am—4pm

Rain or Shine

**BBQ Sandwich,
Chips, cookie &
water/soft drink,
\$12.00**

**Wristbands purchased the day of the event, which is
October 7th will sell for \$5**

[NO STROLLERS]



The selection for the Book Club for October is ***The Winemaker's Wife*** by Kristin Harmel. This is a suspenseful story about the champagne region of France during World War II. The descriptions make you want to grab a glass of bubbly as you read about the struggles of the French during the Nazi occupation. The Book Club meets Thursday, October 12, at 1:00 in the Annex. Join us!



Travel Group Meeting/ Travel Expo October 18

News You Can Use from Representatives from major cruise lines! reps

6:30: Sip and Stroll - Meet the cruise line reps at their booths

7pm: Presentations

8-9pm: Sip and Stroll. Meet the cruise reps



MARK YOUR CALENDAR!
Halloween Parade
Sunday, October 22
Details to follow.



The
Bridge
Over Troubled Waters

THE BELLES ARE TAKING DONATIONS FOR THE MONTH OF SEPTEMBER

THEIR URGENT PANTRY & SHELTER NEEDS ARE:



URGENT

- RICE
- DRY BEANS
- PEANUT BUTTER
- JELLY
- CANNED VEGETABLES
- CANNED BEANS
- CANNED MEAT/FISH
- RAMEN NOODLES
- MAC & CHEESE
- CEREAL OATMEAL
- PANCAKE MIX
- SPAGHETTI NOODLES & SAUCE
- CLEANING & LAUNDRY SUPPLIES
- PAPER GOODS: PLATES, PAPER TOWELS
- TOILET PAPER, KLEENEX
- DIAPERS: SIZES 3 AND UP



MONETARY DONATIONS:

CASH, CHECKS & WALMART GIFT CARDS



HEALTH CARE

WORD SEARCH PUZZLE

BILL
CENTER
CHECK UP
CLINIC
DEVICE
DOCTOR
FEES
FUNDED
HEALTHY
HOSPITAL
INSURANCE
LAB
MEDICAL
MEDICINE
NURSE
OPERATION
PAYER
PHARMACY
PREVENTION
PRIVATE
PUBLIC
STAFF
SURGEON
TEST
VACCINE

M E D I C A L A T I P S O H V
Z C I L B U P L V W N U R S E
V A C C I N E M I U M R B H X
C T D R E T N E C B T G H U H
M P Q I N O I T N E V E R P O
I F P R I V A T E K F O S P Q
E N N H F M H I G D C N E T M
D O S E A E S L M H E R R E D
S O E U A R U K E D A D D Z K
B S C L R V M C P T E I N S B
W A T T A A K A I A C V T U R
A H L Y O U N O C I Y A I E F
Y T U T P R N C N Y F E A C N
C I N I L C N E E F E C R T E

The words appear UP, DOWN, BACKWARDS, and DIAGONALLY.
Find and circle each word.



FULL THROTTLE



Is it true that every once in a while you should put the accelerator in a car to the floor to allow the valves to open up? I was told this by a mechanic.

True. The "Italian Tune-up" works to restore power in many cars.

You've confused his reasoning just a bit, however. The increased engine rpm won't really open up the valves any more than usual, but it will help open up the airflow through the intake ports by helping to remove deposits on the back side of the valves. These deposits reduce power by narrowing the port through which the incoming fuel/air charge must flow, restricting airflow. Since an internal combustion engine is foremost an air pump, anything that reduces airflow, reduces potential power output.

Intake valve cleaning is enhanced under high load/high engine speed conditions because the temperature of the valve increases rapidly, softening the tarry carbon mass at the same time that the maximum quantity of detergent containing gasoline is being sprayed by the injector at the back of the valve where the deposits form. It's sort of like pressure washing an engine to remove baked on crud, it works best if the engine is hot and the pressure is high.

Running the engine full throttle up a steep grade is an ideal valve cleaning workout, but just going full throttle for a moment when hitting the on-ramp will help most cars. More importantly, perhaps, running the engine hard now and then is also a good maintenance step to keep the compression rings in the pistons from being fouled by carbon on in-town commuter cars. These rings seal the piston to the cylinder bore maintaining compression during the intake and power stroke. Constant low speed/low load running can result in carbon deposits in the ring lands (the parallel surfaces of the piston groove that ring seals against) and this causes the rings to seal less effectively, reducing compression and with it, power. Carbon in the ring land clogs up the passage that would otherwise allow compression gases to aid ring seal. Running the engine hard under load increases temperature, kinetic energy, and pressure at the ring land, keeping carbon from getting a foothold. Once the ring is stuck, the fix might require more than a hot lap around the beltway. Products marketed as "compression restorers" like Rislone, and others, are effectively solvents, which may help free-up stuck rings by dissolving these carbon deposits. In some cases they can help, but can also do more harm than good, if not used properly and cautiously.

Running under high speed and load conditions effectively clears exhaust port and exhaust manifold deposits in carbureted engines, increasing efficiency and power. Newer engines fuel injected engines manage fuel so well that exhaust deposits are really a thing of the past.



Ronnie Westfahl

The Awards Committee would like to announce
Q3 2023 Volunteer of the Quarter, Ronnie Westfahl.

The Volunteer of the Quarter is a program to publicly recognize the efforts of an individual for BV community service. Ronnie and Mary Westfahl moved to Bellavita in 2005, after learning about this wonderful retirement community on Scarsdale. He is a native Texan, born and raised in El Campo on a farm. When he wasn't at football practice, he learned to pick cotton and work the fields. This is where he learned a strong work ethic. He and Mary have been married for 51 yrs. Their family includes 2 sons, daughter in law and 3 precious grandchildren. Ronnie plays a very active role in all their lives. Ronnie finished his 40+ years career with the US Postal Service in 2018. This is when he began to start enjoying the amenities our neighborhood offers, as well as giving of his time as an active volunteer.

Ronnie is an active participant in the Men's Club. He assists with cooking, set up, take down and prepare for many BellaVita events including Belles and TEC. Also, he is a member of Flag Team 2 checking condition/installing/retrieving flags for the flag program that everyone looks forward to seeing each national holiday. Ronnie assists Joe Biard with the reoccurring door refinishing program (every 2yrs) that enhances the look of our homes. They contact the home owners, many of whom are not even aware that the door refinishing program is part of the services offered by Bellavita. As well as the door refinishing program, each year in April, Ronnie oversees the reoccurring house painting program. This is not an easy task. Even though the homes are painted every 9 yrs., seventy houses are painted each year to ensure our community stays in pristine condition. When contacting the home owners, Ronnie points out other items on the exterior of their homes that are in need of repair. By overseeing our homes up close, Ronnie makes sure our homes are kept in good condition. He is always willing to help others.

Ronnie finds time to enjoy life in between all his Bellavita important volunteer jobs. He has found time for a new love, playing pool at the Clubhouse with his buddies several times a week. He loves the friendly competition. As well as playing pool, he bowls with his church group and is active in his Bible Study class called Plugged In. Mary and he have a love of gardening that they share. A large part of their free time is spent in making their yard (front and back) one of the most beautiful in Bellavita.

Ronnie has done an incredible job in all his volunteer efforts. Thank you Ronnie Westfahl for all your hard work. Please congratulate Ronnie on his outstanding contributions and recognition as Volunteer of the Quarter.

Sandra Bornstein, Awards Committee Chair

ATTENTION

NO PETS



INSIDE CLUBHOUSE OR POOL AREA

Learn to Play



Wednesday at 1pm in the Annex-
Canasta (Spanish for “basket”)
Is a card game most commonly
played by four in two partnerships
with two decks of cards.

**If you would like to learn how to
play, contact Anne Valdez at
713-306-3518.**

CHILDREN'S POOL HOURS



● All Holidays from 1-6pm

● Tuesday & Thursday 3 - 6 PM

● Saturday & Sunday 1 - 6p.m.

● Children in Diapers must wear
swimming diapers

Please note: Floats are not permitted in the pool per BellaVita Rules and Regulations, Section 15; L. However, flotation noodles are permitted. Thank you for your attention to this matter.

CHILDREN MUST BE SUPERVISED BY ADULT

Duplicate Bridge is a partnership game played on Tuesdays and Thursdays at 1:00 PM

Interested players may reserve a spot by calling Lyle Ganucheau in advance.

Bridge Scores

Tuesday, September 12,

North/South

1st Joyce Garner – Ann Sharp

2nd Pam Halloran – Carolyn Beeson

East/West

1st Connie Harry – Lyle Ganucheau

2nd Carol Dyson – Theresa Devereux

Thursday August 14,

North/South

1st Gail McCullah – Ann Sharp

2nd Mary Ellen Henry – Theresa Devereux

East/West

1st Jean Foltz – Lyle Ganucheau

2nd Nancy Hudson – Pam Halloran
(TIE)

2nd Gary Wood – Carolyn Beeson
(TIE)



Your HOA dues include having your front door maintained every 2 yrs. as needed. This means the door will be lightly sanded and a coat of spar varnish will be applied. A new weather strip on the bottom of the door is included, if needed. This will help to protect your door. However, if you postpone or do not request having your door serviced and it requires having your door refinished, the HOA will only cover a portion of the cost to refinish and replace the weather strip. The HOA will pay a maximum of \$210.00 (the cost to the HOA for regular maintenance

plus a 2nd coat of varnish). You will be responsible for the remaining cost of the door service. Please note if there is a homeowner cost it will have gone up from previous years as well. It is your responsibility to call and have it serviced every 2 years.

Please call or come by the Clubhouse at 281-464-3150

before September 25th and get on the schedule.

The doors are serviced March through October.

NEWSLETTER INFORMATION



- **Deadline for newsletter entries and articles is Monday at NOON.**

No Exceptions.

- **Please send entries and articles to Shannon and Laura at
Shannon.boogades@inframark.com
Laura.roweton@inframark.com**



Business Hours

| | |
|-----------|--------------|
| MONDAY | 11AM to 10PM |
| TUESDAY | 10AM to 10PM |
| WEDNESDAY | 10AM to 10PM |
| THURSDAY | 10AM to 10PM |
| FRIDAY | 10AM to 10PM |
| SATURDAY | 10AM to 6PM |
| SUNDAY | CLOSED |

Library Hours

Library will open at the same time the Clubhouse opens and will close at dusk. Annex will remain open when meetings and activities are schedule.

BellaVita Front Desk will provide the following Fax, Notary and Copy services for home owners. At this time there will be **NO** Charge for 10 pages, after 10 pages there will be a charge of 10 cents per sheet

- Long distance faxes -
- Sending local Faxes – NO International faxes
- Receiving Faxes
- Notary services are free **by appointment only**. Notary services are for residents only. Please make appointment at the front desk.
- Scanning to email
- Copy Services

The **Copy Center** copying guidelines for the BellaVita HOA Board, Board Committees and Clubs and Organization Officers are at no charge as follows:

- Maximum of 25 pages – immediate copying
- Maximum of 400 pages – 24 hour copying
- Over 400 pages – one week copying
- Any specialty services (stapling, binding, hole punching, etc.) are the responsibility of the requester.
- **All copies are black and white on white paper only.**
- All specialty papers are to be provided _____ by the requester.

Monthly Meetings

1st
Wed.

6:30p Belles Meeting
6:30p Men's Meeting

2nd
Wed.

6:30p TEC Meeting

3rd
Wed.

OCT 18th
6:30p Travel Meeting

4th
Wed.

3:00p Board Meeting

Beg Line Dancing
Friday at 3pm
Intermediate Line Dance
Thursday 6 pm



Cardio Line Dancing
Saturday @ 11am

We meet: Monday @ 11AM, Wednesday @ 10AM
and Friday @ 10AM.
See you there!

FITNESS



Mexican Train
Thursdays @ 6:30pm
in the Annex

ASIAN MAH-JONGG

Come and join us on Thursdays at 1PM in the
Annex.

Shanghai

Come and join us on Monday at 1pm in the Annex.

Rummikub Fridays @ the Annex 1:00 PM
Lots of fun! Good brain exercise! Come join us!

Walk Aerobics Thursdays and Saturday @
10AM



POKER

Monday & Thursday
at 1pm
in the Arts & Craft
Room



Book Groups

The Book Review Group
meets the second Thursday
of the month at 1:00 PM in
the Annex.



Hand & Foot
Tuesdays @ 6:30pm
Wednesdays @ 1pm
Please call Linda Mulholand



Art Group meets Fridays at
2:00pm in the
Arts & Craft room

DAY BUNCO

Second Wednesday of every Month

At 12:45 @ the Clubhouse

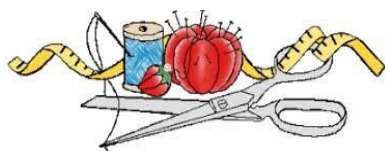
\$5.00 to Play



Night Bunco is
September 27, 2023
at 6:45p in the
Clubhouse

Tuesdays at 1PM , FRIDAY AT 6:00 pm IN THE ANNEX.
Singles and couples are welcome. There are no partners in
Shanghai. Please call Charlotte Goza 713-819-1881
to indicate your interest, and please let her know if you
already know how to play.

Need Canasta
Players
Wednesday at
1pm
in the annex



Sewing Group
Every Wednesday 1-3 pm
Join Us!
Sew - Crochet - Knit - Helping Hands





**BellaVita Staff Contact
Information**

Shannon

Shannon.boogades@inframark.com

Laura

Laura.roweton@inframark.com

Elizabeth

Elizabeth.huerta@inframark.com

Phone Number 281-464-3150

Fax 1-281-464-3630

HOA Board of Directors

President - Don Smith

don.smith@club-bellavita.org

713-503-6294

Vice President - Danny Koons

dkoons@club-bellavita.org

713-569-2052

Treasurer - Bernie Bouman

bbouman@club-bellavita.org

281-741-3489

Secretary - Billy Potter

bpotter@club-bellavita.org

281-484-5198

Director - Linda Kuhn

lkuhn@club-bellavita.org

281-630-4800

Director - Mary Walker

mwalker@club-bellavita.org

281-947-8198

Director - Kenneth Wiggins

kwiggins@club-bellavita.org

281-464-4339



Alarm Monitoring- Modern System- 281-599-7388

Animal Control- City of Pearland- 281-652-1970

Cable-Comcast-Transfer- 855-307-4896

Lawn Care—Rusticscapes- 832-620-6529

Street Light- Center point- 713-207-2222 Opt.5

Pearland Police Department Non Emergency-
281-997-4100

Frontier- City of Pearland—281-652-1600

Stella Roberts—Recycle— 281-489-2795