

July 12, 2022

Tuesday-12

IIa Chair Exercise Ip Duplicate Bridge Ip Shanghai 6p Poker Night 6:30p Water Aerobics

Wednesday-13

8a Water Aerobics 10a Fitness 12:45p BUNCO 1p Sewing Group 1p Canasta, 15 Canasta 65 Tx Hold'em Poker 6:30p Tec Mtg

Thursday-14

10a Walk Aerobics Ip Duplicate Bridge Ip Asian MahJong I'p Poker Ip Book Review 6p Int. Line Dancing 6:30p Water Aerobics 6:30p Mexican Train

Friday-15
Happy Birthday Laura & Elke
8a Water Aerobics 10a Fitness Ip Rummikub 6:30p Shanghai Goodbye Elke

Saturday-16

10a Walk Aerobics I Ia Cardio Line Dancing

Sunday-17

Clubhouse Closed

Monday-18

8a Water Aerobics I la Fitness Ip American Mahjong Ip Poker 2^b Cardio Line Dance

6p Dining Out 6:30p Water Aerobics



July 15 & 16 the clubhouse doors will be refinished. If you come to the clubhouse you may have to use a different entrance.

"Signs will be posted to indicate which door can be used during refinishing ."

WARNING the odor may be extreme



THE BOOK GROUP

The Book Review Group meets the second
Thursday of the month at 1:00 PM in the
Annex. The next meeting will be July 14 - "Lessons
in Chemistry" by Bonnie Garmus For
information: Gerry Bartlett 713-408-0984





BellaVita Cardio Line Dancing Class invites you to



TUESDAY, JULY 19TH, 2022

7:00-9:00PM

7-9 MUSIC & DANCE
BRING YOUR OWN DRINKS

DANCE INSTRUCTOR:
RHEE HAUN & LESLIE MALONE
PLEASE SIGN UP AT THE FRONT DESK







THE FAB 5 will bring the greatest hits of your Beatles favorites to life. This mind-blowing performance takes you back in time with this award winning fivesome delivering a note-for-note theatrical event that is "the next best thing to seeing the Beatles."

- Saturday, Aug. 6th at 7pm
- Tickets \$18 (front desk or Sue Steik)
- Doors open 6:15pm
- Non residents welcomed
- Snacks and wine provided
- 50/50 tickets sold



The Awards Committee would like to announce **Q2 2022 Volunteer of the Quarter, Danny Koons.** The Volunteer of the Quarter is a program to publicly recognize the efforts of an individual for BV community service.

Danny and his wife, Cathy, moved to Bellavita in May 2018 after he retired from Lubrizol Corporation in Deer Park. They knew about BV since Danny's mother had previously lived here and they were familiar with the community. Cathy and Danny have been married for 33 years and have 2 children. Professionally Danny was the Construction Superintendent over capital projects at the Deer Park and Bayport chemical plants.



Since moving to BV, Danny has jumped right in by volunteering with the Men's Club activities always visible in setting up, serving food, and doing anything he can to assist with events. In 2021, he joined the Facilities Committee. He is in charge of pool maintenance and twice a day checks on the pool. In fall of 2021, Danny did a yeoman's job on the pool rehab. He served as a supervisor for the resurfacing of the pool. He knows how important the pool is to BV residents. With his focus on the pool, he can ensure that all residents will enjoy the pool. Also, he is a member of the BV Flag team. You would think Danny was busy enough with all these responsibilities but he wanted to give more to our community. Danny ran for the HOA Board and was elected to serve in March 2022.

Bringing his expertise to Bellavita, Danny is chairing the Scarsdale Wall Task Team as well as the Club House Roof Team. With all this responsibility at Bellavita Danny finds time to be an instructor at the Construction and Maintenance Education Foundation. He teaches Project Supervision on a part time basis in Deer Park. Danny is a man who likes to stay busy as we can see from his contributions to Bellavita and its residents. In his spare time he and Cathy like to travel.

Danny has done an incredible job in all his volunteer efforts. Thank you Danny Koons for all your hard work. Please congratulate Danny on his outstanding contributions and recognition as Volunteer of the Quarter.

Sandra Bornstein

Awards Committee Chair

IT JUST KEEP GROWING AND GROWING!

Your BellaVita Library!

And your BellaVita neighbors are helping that happen.

Just within the last few weeks, your library has received gifts of not one but TWO display cabinets and, not a few but DOZENS (if not hundreds) of **DVD movies**.

And how did that happen? Because another of our neighbors generously donated time, truck, gas and muscle to make it happen!

And while all of that was going on, donations of books and periodicals continued.

By the way . . . Keep an eye out for MAJOR expansion of the Children's offerings. Grand kids? Come on Down!

Rusticscapes Landscape Report

BellaVita Community June 2022

Irrigation Report

Received: 20 Completed: 20

June Review

Fertilized Front yards and common areas (2nd round) Includes an insecticide (Chinch Bugs and other insects)
Started 2nd round of trimming

Seasonal color installed

Reminders

With the Extreme temps and minimal rain – Please ensure we are watering as often as possible

Comments

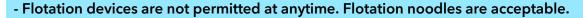
We are spot treating front yards and common areas for chinch bugs



- All BV Homeowners/Residents or other authorized user must observe pool signage of rules and hours of operations. Pool gates must remain locked always no propping open of the gate. Scheduled pool classes have priority during reserved times.

POOL RUIGS

- No lifeguard on duty. SWIM AT YOUR OWN RISK!
- Emergency phone is in the pool area over by the drinking fountain. When emergency phone is activated, its connects directly to 911 Emergency Operator
- Visitors and children using pool and/or pool area must have wristbands—before entering. They must be accompanied by a BV Homeowner/Resident using the pool and/or area. No more than 10 visitors per household unless approval from Clubhouse Manager. At lease one adult per 3 children under the age of 12 is required.
- Showers are recommended before entering the pool.
- No glass items permitted in the pool or spa area. BV Homeowners/Residents and guest are required to clean up their area when finished.
- No diving, jumping, running or horse playing is permitted. No climbing, sitting or jumping from any water feature in the pool areas is allowed.
- All BV Homeowners/Residents or guest who do not follow the rule may be subject to loss of pool area privileges.
- If feces are found in the pool, any resident should. 1) Advise everyone in the pool that the water is contaminated, and the pool must be vacated.



- No reserving of chairs or lounges. One chair or lounge per person

- Proper bathing attire only. No cutoff or frayed attire permitted.

- During a thunderstorm the pool will be closed.

- No pets in pool or deck area.

Children's Pool Hours

Tuesday & Thursday 3-6pm Saturday & Sunday 1-6pm

Children in diapers must wear swimming diapers

Please note: Floats are not permitted in the pool per BellaVita Rules and Regulations, Section 15: L. However, flotation noodles are permitted.

CHILDREN MUST BE SUPERVISED BY BY RESIDENT

CHILDRENS HOURS MUST BE FOLLOWED

Summer is here and staying hydrated is now more important than ever. Stay healthy this summer by following these easy hydration tips!



DRINK MORE WATER

It seems obvious, but far too many people don't drink enough water. You may have heard eight glasses per day is the correct amount, but it's actually quite a bit more. The Mayo Clinic now recommends that men drink 15.5 cups of fluid and 11.5 for women. That is nearly 4 liters for men and almost 3 for women.



TRY THE ALTERNATIVES

Some people don't drink enough water because they don't like the taste or they may find it boring. If you fall into either one of these categories, try drinking electrolyte-rich sports drinks, coconut water, or even fruit as a periodic alternative.



MIND THE SIGNS

Your body will tell you when it's time to hydrate. Look for these telltale signs of dehydration:

- Dry mouth
- Muscle cramps
 - Dizziness
- Poor Concentration
 - Headache

You could even pinch your arm. If your skin doesn't snap back in place, you may need to rehydrate.

MAKE IT A ROUTINE

We get it—it's easy to forget to drink water throughout a busy day. Try making it a habit rather than a chore by having a reusable water bottle with you at all times. This will remind you to drink water, and it also makes keeping track of how much water you've consumed much easier.



MONITOR HYDRATION

How do you know when you're dehydrated? Simple! Take a peek at the toilet after you use the restroom. If your urine is a dark yellow or a shade of orange, your body is low on fluids.

Even if you don't feel thirsty, your urine doesn't lie!

A MOUTHFUL

The first toothpaste mentioned in recorded history was devised by Egyptian physicians about 4,000 years ago it was made from powdered pumice stone and strong wine vinegar.



First century Romans used human urine not only as a toothpaste but as a mouthwash. Urine was used in toothpaste and mouthwash as an active ingredient up until the 18th century.

Early barbers not only cut hair and trimmed beards but served as dental surgeons, extracting teeth, and bloodletting. The pole used to assist patients in squeezing the blood out led to the current red and white striped barber pole. It was the Roman word for beard, "barba" that gave us the term barber.

The use of Fluoride is not a modern day occurrence. It was first used in Naples, Italy in 1802 when dentists found that persons from certain locals were mostly cavity-free. Fluoride was discovered in the soil and water. Lozenges containing Fluoride were suggested for preventing tooth decay. The first Fluoride trials in America started in 1915 with great success.

The Etruscans in Italy were considered the best dentists within the known world.. In 800 BC, recorded history shows extracted decayed teeth and replaced them with full or partial dentures made up of ivory, bones and actual teeth removed upon a person's death. In 1770, the first porcelain teeth were made. The miracle of plastics in the 20th century approved the appearance of dentures.

If your toothbrush is less than 6 feet away from your toilet, it is susceptible to picking up airborne particles from the toilet flushing.

What percentage of people brush their tongue while brushing their teeth? 50%

The well known Paul Revere was a dentist.

The average human produces 25,000 quarts of saliva (spit) in a lifetime. That is enough saliva to fill 2 swimming pools!

100 years ago 50% of adults in North America were toothless.

The first toothbrush with bristles was developed in China in 1948. The bristles were taken from hogs, and later horses and badgers. Nylon bristles were introduced in 1938 by Dupont 100 years ago one half of all adult North Americans were toothless – today less than 10% of adults

100 years ago one half of all adult North Americans were toothless – today less than 10% of adults over 65 have lost their teeth.

In Vermont , it is illegal for women to wear false teeth without the written permission of their husband

Pay yourself

Scammers may contact you impersonating an established individual or company and tell you that they have noticed suspicious activity, such as money being sent from your account to another account. They'll ask you to send money to yourself using your mobile banking app, or via an online wire transfer to "reverse" the payment.

Tip: Banks or Credit Card Companies will never ask you to do this. Before sending money to yourself at another bank or credit union, make sure the email address or U.S. mobile number you're using to send the money has been enrolled by you at the other financial institution and is linked to your account.

Impersonating a Bank or Credit Card Company associate

Scammers will try to pose as Banking or Credit Card Company employees and ask you to provide your personal information or even transfer money by phone, text or email. They might also use a fake caller ID that could show up as your bank or request remote access to your device.

Tip: When in doubt, hang up the phone and call us at the number listed on the back of your debit or credit card. You can also call the number listed on your bank statements.



Utility scam

Scammers can pretend to be utility workers from electric companies or cell service providers to trick people into sending them money. Usually, they'll contact you and put you in a high-pressure situation, such as claiming your electric bill payment is late and your power will be turned off if you don't send money immediately.

Tip: Utility providers won't pressure you into making a last-second payment or paying through an online payment service. You'll receive initial notices through letters or emails before the situation gets serious. They should also provide you options, like paying with a credit card or mailing a check. Call your

utility provider directly before paying a bill over the phone.

Attempting to gain remote access to your devices

T. Mobile Scammers may call you pretending to be support specialists from well-known companies like Microsoft or Amazon. They'll try to gain remote access claiming they can

fix an issue with your account, process a refund or update your device. If you provide access either by clicking a link or downloading an app, you could expose your account information.

Tip: Support specialists will never cold call you. Even if it looks like a trustworthy number, never give access to someone who cold calls you or asks you to download an unknown app. If you need support, call the company directly with a reliable number.

Beach Word Search

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CHAIR
HAT
SARONG
SPRAY
SANDCASTLE
TOWEL

BALL
BUCKET
COOLER
ICE
SHELLS
SUIT
SUNGLASSES
UMBRELLA

BATHING
BEACHBALL
BUG
CREAM
SAND
SHOVEL
SUN
SUNSCREEN
VERA

Drink of the week

Mango iced tea

This drink takes iced tea to a whole new level! If you like flavoured iced teas, I have a strong feeling that this drink is about to be your summer drink! It's packed with the antioxidants of green tea and sweetened with the sweet, fresh taste of mango nectar.

Ingredients and substitutions

- Mango nectar use fresh lemons so that you can add in a beautiful garnish to your drink as
 well! In a pinch, use bottled lemon juice.
- Green tea if you don't want to use green tea, then use black tea or white tea.
- Mango to garnish.
- Mint to garnish.

Best liquor pairings:

- Vodka
- Gin



FOX 26 WEATHER

PEARLAND, TX Q

Tue 7/12	Mostly Sunny	100° 80°	• 30%
Wed 7/13	Mostly Sunny	100° 79°	• 30%
Thu 9 7/14	PM Thunderstorms	96° 78°	40%

Weather

Fri Scattered Thunderstorms	97° 77°	40 %
Sat Scattered Showers	97° 78°	▲ 30%
Sun 7/17 Mostly Sunny	97° 78°	▲ 30%
Mon Scattered Showers	96° 79°	40%



Tuesday, July 5,

North/South

1st Lyle Ganucheau – Rhonda Bryant 2nd Gail McCullah – Russell Pryor

East/West

1st David Dommert – Gary Wood

2nd Nancy Hudson – Carolyn Beeson

Thursday, July 7,

North/South

1st Joyce Wormser – Bill Harry 2nd Mary Ellen Henry – Jim Combs

East/West

1st Carolyn Beeson – Pam Halloran 2nd Pat Molloy – Russell Pryor

Duplicate Bridge is played on Tuesdays and Thursdays afternoons. Players may sign up by calling Lyle Ganucheau in advance.

Party Bridge has been Cancelled.

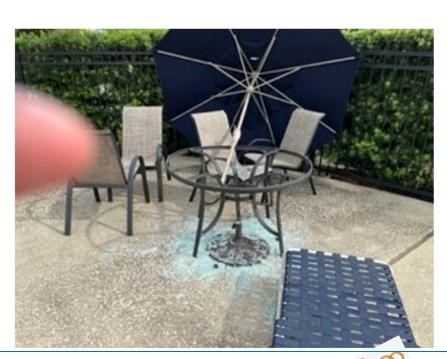


Your HOA dues include having your front door maintained every 2 yrs. This means the door will be lightly sanded and a coat of spar varnish will be applied. A new weather strip on the bottom of the door is included, if needed. This will help to protect your door. However, if you postpone or do not request having your door serviced and it requires having your door refinished, the HOA will only cover a portion of the cost to refinish and replace the weather strip. The HOA will pay a maximum of \$210.00 (the cost to the HOA for regular maintenance plus a 2nd coat of varnish). You will be responsible for the remaining cost of the door service. Please note if there is a homeowner cost it will have gone up from previous years as well. It is your responsibility to call and have it serviced every 2 years. Please call or come by the Clubhouse at 281-464-3150 before October and get on the schedule. The doors are serviced March through October.

UMBRELLAS

Just as a friendly reminder; when you are finished with the pool table umbrellas, please put them down.

We currently have a broken tabletop (glass) that will now need to be replaced. The wind caught this one and broke the table with the recent storm we experienced.



IT'S THAT TIME OF THE YEAR AGAIN!!

Tired of lugging all of those Christmas decorations back into the attic? Ready to scale down Halloween Easter and Christmas décor? Unhappy with those token gifts? **Just moved in and brought too much stuff?**

WE ACCEPT HOUSEHOLD GOODS (POTS/PANS, CHINA, SILVERWARE, PICTURES, ART OBJECTS, LAMPS, GLASSES, PLANT STANDS, PURSES, JEWELRY, ETC.)

CONTRIBUTE TO 2022 TREASURE BOX BENEFITING THE MILITARY MOMS AND WIVES OF BRAZORIA COUNTY (Our troops and veterans)

Call: Carolyn Beeson or Genie Dunnage

2516 S. Venice (New Address) 1235 Modena

346-432-2335 281-481-3289





3:00p Board Meeting

Wed.

BellaVita Front Desk will provide the following Fax, Notary and Copy services for home owners. Due to Covid-19 there will be NO Charge at this time up to 10 pages after 10 pages there will be a charge of 10 cents per sheet

- Long distance faxes -
- Sending local Faxes
 NO International faxes
- Receiving Faxes
- Notary services are free by appointment only. Notary services are for residents only. Please make appointment at the front desk.
- Scanning to email
- Copy Services

The **Copy Center** copying guidelines for the BellaVita HOA Board, Board Committees and Clubs and Organization Officers are at no charge as follows:

- Maximum of 25 pages immediate copying
- Maximum of 400 pages 24 hour copying
- Over 400 pages one week copying
- Any specialty services (stapling, binding, hole punching, etc.) are the responsibility of the requester.
- All copies are black and white on white paper only.
- All specialty papers are to be provided by the requester.



Beg Line Dancing Friday at 3pm Intermediate Line Dance Thursday 6 pm



Cardio Line Dancing Monday @ 2pm Saturday at 11am

We meet: Monday @ 11AM, Wednesday @ 10AM and Friday @ 10AM.

See you there!

FITNESS



Thursday @ 6:30pm in the Annex

ASIAN MAH-JONGG

Come and join us on Thursdays at 1PM in the Annex.

American Mah-Jongg

Come and join us on Monday at 1pm in the Annex.

Rummikub Fridays @ the
Annex 1:00 PM
Lots of fun! Good brain
exercise!
Come join us!

POKER

Monday & Thursday at 1pm in the Arts & Craft Room Texas Hold'em Poker Wednesday at 6pm in the Annex Starting July 13

The Book Review Group meets the second Thursday of the month at 1:00 PM in the Annex.



Walking Aerobics Thursdays and Saturday @ 10AM



Art Group will start back in September

DAY BUNCO

Second Wednesday of every Month

At 12:45 @ the Clubhouse

\$5.00 to Play



Night Bunco Is July 27 at 6:30pm

Tuesdays at 1PM , FRIDAY AT 6:00 pm IN THE ANNEX.
Singles and couples are welcome. There are no partners in

to indicate your interest, and please let her know if you already know how to play.

Shanghai. Please call Charlotte Goza 713-819-1881

Wednesday at 1pm in the annex



Monday, Wednesday & Friday @ 8am

Monday, Tuesday & Thursday @ 6:30pm





OINFRAMARK

2022 West Grand Parkway North, Ste 100

Katy, TX 77449

Ph# 281-870-0585





BellaVita Staff Contact Information

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Elke

Elke.borzel@inframark.com



Phone Number 281-464-3150 Fax 1-281-464-3630



Alarm Monitoring- Modern System- 281-599-7388

Animal Control- City of Pearland- 281-652-1970

Cable-Comcast-Transfer - 855-307-4896

Lawn Care—Rusticscapes - 832-620-6529

Street Light- Center point- 713-207-2222 Opt.5

Pearland Police Department Non Emergency-281-997-4100

HOA Board of Directors

<u>President</u> - Don Smith don.smith@club-bellavita.org 713-503-6294

<u>Vice President</u> - Dallas Smith dsmith@club-bellavita.org 281-484-7912

<u>Treasurer</u> - Bernie Bouman bbouman@club-bellavita.org 281-741-3489

<u>Secretary</u> - Sandra Talley stalley@club-bellavita.org 281-923-5509

<u>Director</u> - Danny Koons dkoons@club-bellavita.org 713-569-2052

<u>Director</u> - Billy Potter bpotter@club-bellavita.org 281-484-5198

<u>Director</u> - Kenneth Wiggins kwiggins@club-bellavita.org 281-464-4339